

# Career Crossings: Discover Your Ideal Career, And The Work You Were Born To Do

Don Allen



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### Career Crossings: Discover Your Ideal Career, And The Work You Were Born To Do

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Career Crossings: Discover Your Ideal Career, And The Work You Were Born To Do Don Allen Give your career a makeover and live a happier, more successful life. Career Crossings is designed to help career changers and job seekers discover their ideal career, and the work they were born to do. Loaded with valuable information--and no fluff or filler--this isn't just another career book. It's a journey of selfdiscovery. It's a guide to helping you identify your interests and passions, and matching those with a career that you'll find successful and rewarding. Career Crossings is loaded with thought-provoking exercises that will jog your mind and help jump-start your search for that transformative new career. There are also hundreds of tips to aid you in everything from identifying your personality type, to matching that type to a possible career, updating your resume, preparing for you job interview, and more. From the Career Crossings Table Of Contents: CHAPTER ONE: WHY YOU NEED THIS BOOK Many Workers Feel Trapped & Disillusioned Job Dissatisfaction Can Be Hazardous To Your Health How Do You Feel About Your current occupation? Take the job satisfaction survey What to do if you're unhappy at work CHAPTER TWO: WHAT IS MEANINGFUL WORK, ANYWAY? We are what we do What is "meaningful" work? What does success really mean? The difference between a job, career & vocation Could you make your current job more meaningful? CHAPTER THREE: WHAT DO YOU WANT OUT OF WORK, AND LIFE? Start a career discovery notebook Discover your life purpose Determine your personality type What are your passions? What are your values? What are your hobbies & interests? What are your unique skills & abilities? Putting it all together - A Work/Life Mission Statement CHAPTER FOUR: FINDING YOUR IDEAL CAREER There's no one perfect career for everyone Discover your "pattern Of striving" Matching your striving type with a potential career Is there a business in your future? Making your final decision - the career balance sheet Some additional tips for choosing the right career Realizing what's realistic and what isn't CHAPTER FIVE: MAKING YOUR NEW CAREER HAPPEN Develop a new career action plan Create a personal marketing plan Update your resume & cover letter Building A Personal Network The All-Important Job Interview Attending job fairs Should you use a career coach or employment service? Most of all - take action CHAPTER SIX: SOME FINAL THOUGHTS Handling the fear of a career change Getting your family on board Why will this time be different? Cut through the confusion and indecision that's keeping you in a job that you're not happy with. Discover what you really want to do in life, and why. Buy this important book now and be on your way to that career you've always dreamed of.

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