



Adult Client Education Handout Planner

Laurie C. Grand

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Help educate your adult clients on a variety of mental health topics

The *Adult Client Education Handout Planner* provides you with an array of ready-to-use handouts designed to educate your clients on a variety of issues and concerns related to their mental health and personal growth. This easy-to-use sourcebook features:

- 60 fact-filled handouts on various psychological and emotional disorders and life skills techniques
- Listings of resources where clients can go for reliable, in-depth information
- Handouts that provide educational information on a wide variety of mental health issues affecting adults, including chemical dependence, depression, Obsessive-Compulsive Disorder (OCD), psychosis, spirituality, and many others
- A CD-ROM that contains handouts in a PDF format-allowing you to easily print out and distribute them to suit you, your clients', and your practice's unique style and needs

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