



Dalai Lama: 88 Greatest Life Lessons, Inspiration And Best Quotes By Dalai Lama (A Force for Good, The Art of Happiness, Meditation)

Adam Geen

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Dalai Lama

88 Greatest Life Lessons, Inspiration And Best Quotes By Dalai Lama

The Dalai Lama was a great man who was able to teach many valuable lessons. There are many different nuggets of wisdom that the man was able to bestow upon people.

The best part about it was the fact that he was a religious person, but at the same time didn't invoke religious doctrine on people, but rather morals that everyone should have in order to really improve the state of their lives and to help them achieve greater happiness.

It might seem strange, but it's definitely something that many people don't realize is actually very important to learn, and you can learn from this man's life in terms of how to be a better person, along with various life lessons that can certainly help you in many ways.

That's where this book comes in. This book contains 88 great nuggets of wisdom the Dalai Lama wants others to know, along with various inspirational quotes and other important facts that anyone should know in order to have a better life.

They are neatly bulleted out for you, and by the end of this, you will know all about how to live a better life through an emulation of this man, and you can grow as a person from this. Learn to be a better person, and soon you'll never be the same again.

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