



# Professional Guide to Complementary & Alternative Therapies

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**Professional Guide to Complementary & Alternative Medicine** features more than 300 herbal medicines and 100 alternative therapies organized in an A-to-Z manner. An entry format provides an Introduction, reported uses, performance of treatment, complications, precautions, adverse effects, and special considerations for clinicians. Topics include acupuncture and traditional Chinese medicine, Ayurvedic medicine, homeopathy, osteopathy, and environmental medicine. Other therapies covered are mind-body therapies, manual healing therapies, pharmacological and biological therapies, herbal remedies, and diet and nutrition. This quick-reference book features a research summary, sidebars, appendices and logos that supply key information and complete the Professional Guide library.

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