



When Muscle Pain Won't Go Away: The Relief Handbook for Fibromyalgia and Chronic Muscle Pain

Gayle Backstrom

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In this completely updated edition, Gayle Backstrom, who has FM, and Dr. Bernard Rubin explain and demystify this chronic muscle pain syndrome. Taking into account the latest research findings on fibromyalgia, Backstrom and Rubin seek to educate and assist the layperson in recognizing and treating this condition.

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