



Never Be Fat Again: The 6-Week Cellular Solution to Permanently Break the Fat Cycle

Raymond Francis, Michele King

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Fight Fat at Its *True* Source . . . Your Cells.

An M.I.T.-Trained Scientist Explains the ONE Secret You Need to Know to Lose Weight and Keep It Off.

Raymond Francis is the scientist people turn to when diets don't work. His groundbreaking approach treats excess weight for what it *really* is--a disease caused by malfunctioning cells. As Francis explains, many of the foods we eat every day, especially the 'health' and 'diet' ones we dutifully buy to lose weight, have the *opposite* effect . Full of hidden toxins and lacking nutrients, they actually poison your cells and alter your weight-control genes, causing your body to put on the pounds. Like he's done for thousands of other people, Raymond Francis can help you turn this fat cycle around and reclaim your waistline--and your health.

His simple yet scientifically supported plan will have you looking and feeling better than you have in years--*in just six weeks*. You'll discover:

Which low-fat and no-fat products actually make you *fatter*

How one missing nutrient can signal your body to store fat

Which food additives are most toxic--and how to spot them on a label

The 'Big 4' worst foods to eat--with delicious and nutritious alternatives

How to sneak more fiber- and nutrient-rich foods into your day

Plus, delicious recipes for meals and snacks and week-by-week to-do lists to keep you on track

Your body already knows how to regulate its weight--you just need to give it a fighting chance. Now you can--for life.

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