



Counselling for Alcohol Problems (Therapy in Practice)

Richard D B Velleman

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This revised and updated third edition is a highly practical guide to the steps that counselors can take on a day-to-day basis to help those who have problems with their use of alcohol. It is the key book recommended by most alcohol counseling courses in the UK, including the Scottish national alcohol counselors training scheme.

This highly acclaimed text provides clear guidance for counselors and demonstrates the need to treat every client as an individual, attempting to understand and therefore enable the client to understand, what they are doing and why. The book has been thoroughly revised to take into account the current political, social and counseling context surrounding alcohol use. It now includes a wider range of case-studies and many new ideas which will help students and trainees develop the skills and strategies they need for working with their clients.

Backed up with detailed case studies and useful resource material, the Third Edition of this bestselling text will continue to be invaluable for all practitioners, both those specializing in work with alcohol misusers and those who encounter problem drinkers in the context of a more general counseling practice.



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