



How to be True to Yourself

Jenna Louise

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How to be True to Yourself Jenna Louise

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In *How to be True to Yourself*, author Jenna Louise expands on the refreshingly honest story of how she changed her life from negative to positive.

"You can read this book everyday, and it changes your life!" is what people were saying about Jenna's first book: *"The Secret Lessons to Happiness: Change Your Life Around."*

This second book digs deeper into her story and offers up brand new lessons for you to learn to lead you down the path of a happy life.

With the return of the phenomenal "Happy Jar" Jenna expands on the concept so that you can really make the most out of it.

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