



Paleo Slow Cooker: Deliciously Easy Gluten-Free Recipes to Live Healthy and Lose Weight

Elaine Ross

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Thinking about what to put on the table for dinner? Tired of the same old recipes? Want to make something quick, super flavorful **and** healthy?

All new Paleo Slow Cooker cookbook is here with **fresh crockpot meal ideas** that will help you:

1. Save Time & Money
2. Lose Weight & Live Healthy
3. Create Delicious Meals & Put A Smile on Everyone's Face!

Eating healthy & losing weight can't be easier!

Some of the fantastic recipes you will find in this cookbook are:

Slow Cooked Venison with Sultanas
Wild Boar Stew with Fennel and Chestnuts
Spiced Beef and Apricot Pot Roast
Tuscan Beef Stew
Chicken Stewed with Asian Spices
Whole Chicken with Cranberries and Sweet Potatoes
Rustic Pork and Pepper Stew
Pork Pot-au-feu
Moroccan Vegetable Stew
Slow Cooker Bouillabaisse
Veggie Green Soup with Bacon
Parsnip and Onion Soup
Osso Bucco Soup

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Alfred Stevens:

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Lisa Chaffee:

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