



The Child and Adolescent Psychotherapy Treatment Planner

Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis

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This text provides treatment planning guidelines and a selection of pre-written treatment plan components (behavioural definitions; long-term goals; short-term objectives; therapeutic interventions; and DSM-IV diagnoses for all major child and adolescent behavioural problems and psychological disorders. It includes sample child and adolescent treatment plans to guide even novice therapists in preparing plans which meet the requirements of third party payers and accrediting agencies. Organized by 29 main presenting problems, the planner contains over 1000 well-crafted, clear statements describing the behavioural manifestations of the problem, long term goals/short term objectives of treatment, and clinical treatment options. The treatment plan components can be quick-referenced by behavioural problem or DSM-IV diagnosis. A 'workbook' format provides readers with space to record their own customized goals, objectives and interventions

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