

The Organized Mind: Thinking Straight in the Age of Information Overload

Daniel J. Levitin



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The Organized Mind: Thinking Straight in the Age of Information Overload Daniel J. Levitin "Smart, important, and, as always, exquisitely written." —Daniel Gilbert, author of *Stumbling on Happiness*

Readers of Daniel J. Levitin's two previous *New York Times* bestsellers have come to know and trust his unique ability to translate cutting edge neuroscience into an informative and entertaining narrative. Now Levitin turns his attention to an issue that affects everyone in the digital age: organization. It's the reason that some people are more adept than others at managing today's hyper flow of data. *The Organized Mind* explains the science behind their success and—with chapters targeted specifically to business readers—shows how all of us can make small but crucial changes to regain mastery over our lives.

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