



The Doctor's Book of Home Remedies: Thousands of Tips and Techniques Anyone Can Use to Heal Everyday Health Problems

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The authors have combed the country to find reliable, unique, and sometimes never-before-revealed self-care secrets practiced by physicians and health-care professionals. The result is a one-of-a-kind volume of sure cures and treatments for common conditions--from angina to ulcers, from sore feet to forgetfulness.

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