



Green Smoothies: Detox, Energize And Lose Weight With Amazing Green Smoothies

Dee Wallace

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How do you eat the recommended **5 fruits and vegetables per day**? With a

Green Smoothie.

How do you consume enough fiber and **prevent constipation problems**? With a

Green Smoothie.

Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device, or for FREE through Kindle Unlimited!

These are just some of the many benefits of regular consumption of green smoothies. Green smoothies are a ingenious and tasty blend of fruit and green vegetables! A delicious way to eat fruits and vegetables daily. Fruit is used to soften the bitterness of some greens so you end up with a **beverage that adults and children will love.**

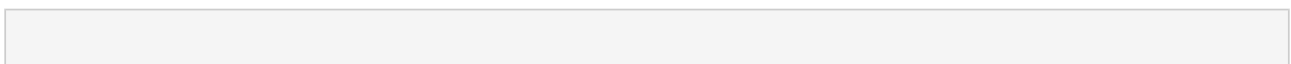
Leafy green vegetables provide chlorophyll, vitamins, minerals, fiber and complete protein in abundance, and are a host of phytonutrients, **reducing the risk of disease while increasing vitality and health!**

This green smoothie recipe book invites you to discover **31 yummy and healthy recipes as well as all the secrets of green smoothies and their benefits!**

Nourishing, protective and detoxifying are the key words that lead to advocating the virtues of the incredible green smoothies. **Preserving or regaining the vitality you have been yearning for is within the reach of everyone.** Green smoothies should be part of our daily lives for most of us. This book, full of sound and smart advice, **contains 31 delicious and healthy green smoothie recipes** that will delight young and old alike! It is aimed at people wishing to preserve their health or to find it!

Download your copy today!

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