



What Angry Kids Need: Parenting Your Angry Child Without Going Mad

Jennifer Anne Brown, Pam Provonsha Hopkins

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A child screams. A door slams. I hate you! is yelled again. You know someone's been hit, or the dog's been kicked, or toys have been broken.

Is this your child or a child you work with?

Then you may find the help for both of you in *What Angry Kids Need: Parenting Your Angry Child Without Going Mad*.

Anger experts Jennifer Anne Brown and Pam Provonsha Hopkins, western Washington counselors who have worked with angry children their entire careers, have written what has already been described as a comprehensive look at children's anger.

In language every parent, caregiver and teacher can understand (even when exhausted and frustrated), it explains why kids get angry, what anger management skills they (and the entire family) can be taught, how adults can model anger management techniques and how adults can cope when nothing seems to work. The authors, who emphasize the importance of patience and practice in developing the ability to handle anger, also explain the options available when more help is needed.

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