

Raising Grateful Kids in an Entitled World: How One Family Learned That Saying No Can Lead to Life's Biggest Yes

Kristen Welch

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"But everyone else has it." "If you loved me, you'd get it for me!" When you hear these comments from your kids, it can be tough not to cave. You love your children?don't you want them to be happy and to fit in?

Kristen Welch knows firsthand it's not that easy. In fact, she's found out that when you say yes too often, it's not only hard on your peace of mind and your wallet?it actually *puts your kids at long-term risk*. In *Raising Grateful Kids in an Entitled World*, Kristen shares the ups and downs in her own family's journey of discovering why it's healthiest *not* to give their kids everything. Teaching them the difference between "want" and "need" is the first step in the right direction. With many practical tips and anecdotes, she shares how to help kids become hardworking, fulfilled, and successful adults.

It's never too late to raise grateful kids. Get ready to cultivate a spirit of genuine appreciation in your family and create a home in which your kids don't just say?but *mean*!?"thank you" for everything they have.



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