



The Spiritual Dimension of Therapeutic Touch

Dora Kunz

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Explores the extraordinary technique that put authentic healing into the hands of health care providers

- Examines the relationship between expanded levels of consciousness and the healing process
- Contains healing exercises for treating common ailments such as stomachaches and back pain, and practices for managing chronic stress
- Based on transcribed audiotapes of lectures by medical intuitive Dora Kunz (1904-1999), with commentary by Dolores Krieger

Since 1972 Therapeutic Touch has been taught in hospitals and at universities to tens of thousands of health care professionals. *The Spiritual Dimension of Therapeutic Touch* provides an intimate glimpse into the life work of Dora Kunz (1904-1999), medical intuitive and fifth-generation clairvoyant, who used her gifts to reach out to others in her capacity as healer and teacher.

During their years of research and healing practice together, Dolores Krieger and her mentor, Dora Kunz, found illness to be caused by specific subtle energy imbalances. *The Spiritual Dimension of Therapeutic Touch* teaches how to rebalance the body's energy through touch, visualization, and a spiritual acceptance of life's inevitable cycle. These exercises can be used both to heal physical pain and to achieve mental and spiritual peace. The authors also examine the important interconnected relationship between healer and patient. The book includes never-before-transcribed lectures by Dora Kunz, with commentary from Dolores Krieger, exploring expanded levels of consciousness as they relate to the healing process.

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