



# **Cognitive Processing Therapy for Rape Victims: A Treatment Manual (Interpersonal Violence: The Practice Series)**

*Patricia A. Resick, Monica Schnicke*

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Sexual assault is a traumatic event from which many survivors never fully recover. They may develop a range of disorders, including post-traumatic stress disorder, depression, poor self-esteem, interpersonal difficulties and sexual dysfunction. This volume provides insight into the effects of rape and explores a treatment approach that assists in the healing process.

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