



How to Be a Great Lover

Lou Paget

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One of America's most popular sexperts offers a fun, refreshingly modern, totally explicit guide to mastering a man's body.

No matter what age we are or how much experience we have, we all want to be great lovers. Most of the sex guides for women, however, have been prudish, esoteric, or incomplete. The ultimate sexual instruction book for women, **How to Be a Great Lover** gives you the down and dirty details that you really want to know on exactly what men like and why, and shares the proven erotic techniques that make for incredible sex you'll both enjoy.

Acclaimed sex expert Lou Paget draws on the real-life experience of the hundreds of men and women who have attended her workshops and presents their secrets and tricks in an elegant, no-nonsense style. Lou has found that in the bedroom (or closet, or kitchen), knowledge equals confidence, and confidence will make you feel empowered, heighten the intimacy of your relationship, and enable you and your partner to enjoy yourselves in a variety of intense, new ways. Whether you are starting a new relationship, have run out of creative ideas, or want to light his fire all over again, **How to Be a Great Lover** has enough spicy tips and surprises to excite both of you and leave him begging for more.

From kissing techniques, ways to create the right atmosphere, and a lesson on safe sex--including the "Italian Method" of putting a condom on a man with your mouth--to twenty different manual techniques and the secrets of great oral sex, Lou covers all the basics and more. She offers innovative positions for intercourse, tantalizing moves you can do with a pearl necklace, and a beginner's guide to anal stimulation, as well as a catalogue of sex toys and how to use them. With more than ninety step-by-step illustrations that will show you how to drive him wild, **How to Be a Great Lover** provides proven, sure-fire techniques that will make you a master of the bedroom.

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Sybil Moore:

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Ruth Ward:

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