



# How to Lose 20 Pounds in 29 Days: and keep it off without dieting

*Sebastian Walker*

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**This is a tried and tested program that never fails to yield amazing results. The best part? NO DIETING is required. If you want to lose weight, and i mean fat, not water weight, then there is no better 1 month program available on the market today. If you are interested in shedding pounds of fat fast, without dieting, gym time or equipment then scroll up and buy now. You wont be disappointed...**

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