



Let It Go Workbook: Finding Your Way to an Amazing Future Through Forgiveness

T.D. Jakes

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As you proceed on your path to personal growth and want to gain insight into what prevents you from being the husband, wife, parent, or creative person you were born to be, benefit from this inspiring and easy-to-use workbook by T.D. Jakes, author of the *New York Times* bestseller *Let It Go: Forgive So You Can Be Forgiven*.

More than a companion piece to *Let It Go*, this is a guide through an “exhilarating journey that will enable you to finally reach the potential you know is inside you and take you to a level of personal success you may have only dreamed of until now,” says Bishop Jakes. This workbook outlines the fundamentals of forgiveness and provides the spiritual and psychological tools to acknowledge and process feelings that may have held you back from fulfilling your greatest potential.

With this workbook learn how to:

- Sever the chains with which your past has held you captive, and launch yourself into a brighter future than you may have imagined.
- Break the powerful-but-invisible negative bonds that connect you in damaging ways to people who have hurt or offended you.
- Be set free to dream again and to pursue the vision you have for your life.
- Move beyond depression and bitterness and experience the freedom of forgiveness.

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