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Preventive Care for Elderly People

David C. Kennie



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David C. Kennie provides a clear guide to health promotion and preventive medical care for elderly people. Adopting a broad concept of health, he sets goals, and thoroughly reviews strategies to meet them. He gives a concise, up-to-date evaluation of the worth, risks, and cost of strategies for preventing disease (both cancer and non-cancer related), enhancing functional status, and strengthening social support networks. He also discusses ways to tailor these strategies to the needs and wishes of the individual, as well as how to integrate preventive care into existing mainstream health care, especially in the primary care setting. The book finally examines the cost implications of preventive care for the patient and the provider. Preventive Care for Elderly People will be an important reference on this increasingly important topic for primary care physicians, geriatric specialists, general physicians, and public health consultants.

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