



PROCRASTINATION: Self-Help Cure to a BETTER YOU! (Procrastination Cure, Productivity, Laziness Time Management)

Michelle Morgan

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Increase your Productivity and Cure Your SELF!

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This book is all about procrastination and how you can become able to be a better YOU through self-help. It has been observed that procrastination often seems to be faced by all of us many times in a life. You may also face same situation many times and a time comes that this becomes your habit. But if you get frustrated due to it, do not worry as just like all other habits this can also be broken down successfully. So, this book will help you out in finding out when you actually procrastinate and what are the reasons behind that.

Here's a Preview of What You'll Learn:

Much, much more!

Of course, sometimes you lack a certain level of motivation in you which makes you refrain from doing even some important tasks as well. But you can cope up with it by learning how to motivate yourself and this book is best to be chosen if you want to learn the ways to bring more and more motivation in you. All of these tricks and tips are the part of self-help for curing your own problems effectively.

Finally, in this book you will find all the possible methods by which you can break off your habit of procrastination and thus helping yourself in becoming a better person.

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