



# **Strong Women, Strong Love: The Missing Manual for the Modern Marriage**

*Dr. Poonam Sharma*

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# Strong Women, Strong Love: The Missing Manual for the Modern Marriage

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**Strong Women, Strong Love: The Missing Manual for the Modern Marriage** Dr. Poonam Sharma

**WINNER OF THE 2014 INDIE EXCELLENCE AWARD IN THE MARRIAGE CATEGORY!**

**Why do strong women struggle with marriage problems even though they are so successful in other areas of their lives?**

How do you stop feeling trapped, resentful, and alone in your relationship?

Is it really possible for a woman to be strong and have a happy marriage too?

In *Strong Women, Strong Love: The Missing Manual for the Modern Marriage*, licensed psychologist, Dr. Poonam Sharma, reveals how to effectively navigate the marriage problems you may have encountered...all while maintaining your self-confidence and strength as a woman.

**Use the practical and straightforward advice in this marriage manual to help you learn how to:**

- Avoid the common triggers that will instantly make your husband feel defensive.
- Eliminate the dangerous behaviors research confirms will ruin your marriage.
- Practice the essential habits necessary for creating deep intimacy and passion that last.
- Be honest in a way that draws your husband closer.
- Build a lifestyle that protects and nurtures your relationship for years to come.

A successful marriage is one of the most important, meaningful, and loving bonds you can experience in a lifetime. Don't settle for less.

**Stay true to yourself, and use the insights you gain from this powerful relationship manual to create the relationship of your dreams.**

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